

[This question paper contains 2 printed pages.]

Your Roll No.....

Sr. No. of Question Paper : 6029

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Unique Paper Code : 2154001204

Name of the Paper : Quality of life and well-being

Name of the Course : **GENERIC ELECTIVES**
Common Prog Group

Semester : Part-I Sem-II Exam July
2023
NEP-UGCF-2022

Duration : 3 Hours

Maximum Marks : 90

Instructions for Candidates

1. Write your Roll No. on the top immediately on receipt of this question paper.
2. Answer any **five** questions.
3. **All** questions carry equal marks.

1. Describe the concept of quality of life? What are the factors which influences it?
2. What is well-being? How it is different from the concept of health?

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3. 'The concept of happiness is relative'. Discuss the statement in the light of cross- cultural variation in the concept of happiness.
4. Explain the concept of holistic living. How it is significant in determining the quality of life?
5. Why is the quality of life important in the concept of healing? Can quality of life be an effective measure for efficacy of a medical treatment.
6. Explain the significance of religion in ensuring happiness and well-being.
7. Discuss the role and significance of legal institution for ensuring well-being of an individual.
8. Discuss the promotion aspects of health in villages and rural India which ensures health life style.
9. Write notes on any **two** of the following :
 - (a) Health problems of elderly
 - (b) Coming of age
 - (c) Work environment and stress
 - (d) Ecology and well being

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